



PAX HILL

Care home for the elderly

# Montgomery Quarterly Newsletter

*Autumn 2016*

## Hello and welcome to our Autumn Montgomery newsletter.

We have enjoyed some beautiful sunny weather and whenever possible we have taken residents outside to enjoy the sun. Unfortunately it is not always possible but we do try our best but sometimes plans can go wrong. Please do remember when visiting residents the staff will be happy to transfer them to a wheelchair so that you can make use of the balcony or grounds.

I have completed most of the memory boxes which are outside each room. Sometimes I photocopy photographs that are in rooms but often I need more from past times. It is important for staff to see residents in their younger years so we can get a picture of times gone by before they joined us at Pax Hill. "Memories are made of this" are an important part of activity conversations. If the memory box

## MEMORY WALK

Painshill Park for Surrey Memory Walk. See us on Facebook and Twitter. Team Pax Hill is registered. ID is MW21175 We need walkers and donors. Please do join us and raise money to help fight dementia

is not complete I would love to receive photos and "bits and pieces" so they can be completed.

It is time for another reminder to please remember to name all clothing brought in. The laundry deals with over 90 residents clothing and although our carers are pretty good at recognising items inevitably some go missing for a while. We do try to name items I am willing to sew name labels on (an activity time to chat about sewing) and we do have marker pens.

We welcome Kate who was previously Activity therapist in EMF she has now joined Balmoral and will be on Montgomery on Mondays.

Montgomery Nursing Station

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Bentley, Farnham, Surrey GU10 5NG

The seaside corridor is complete and the next area is to be a salute to the armed forces and a section on scouts and guides. Once again I ask for help with photos and memorabilia. All contributions would be gratefully received. Please leave anything you can spare with the duty nurse if I'm not around.

Already we are preparing for our Christmas Bazaar. Which will be on 27th November. Hard to be thinking of Christmas already! We are looking for stall holders so if you know of any please ask them to contact us. Any volunteers to help on the day? We are collecting for our White Elephant Stall so please bring those unwanted items to us and hopefully they can find a new home! Recycling at it best.

Best wishes for a happy Autumn

Ann Gilley  
Montgomery Activity therapist



## GILBERT WHITE HOUSE

We were lucky enough to have a visit from Louise Brown, education officer from Gilbert White House. Her joy and enthusiasm was infectious and we all enjoyed listening to her and admired the stuffed animals, insects and eggs she brought with her.



## DAVID AND HIS MUSIC

David is a favourite with our residents with his soft and easy style getting everyone to join in with old time favourites.



## BLOOMING ART IN FARNHAM

Once again we entered a “work of art” but no placing this year.



## COUNTRY MARKET AND BIRDWORLD

It's always good to get out and about. Garden centres have such visual displays and great areas for refreshments. Wheelchair space is limited on the buses and all Montgomery residents need a wheelchair and of course someone to push them. We had fabulous weather for our picnic lunch at BirdWorld. Residents and family members enjoying themselves.





## SUNSHINE

We took advantage of sunny days as you will see from the photographs. Montgomery unit had a special get together on Balmoral terrace enjoying nibbles and drinks.





## MILL COTTAGE FARM

We enjoyed the visit from the animals from Mill Cottage Farm.

The puppy was the most popular and she visited a few rooms and the lounge.





**YOU ARE  
WELCOME  
TO JOIN US  
FOR ANY  
ACTIVITY.**

At the moment we are busy knitting the little hats for The Big Knit. Patterns are available for all you knitters! See notice boards

## GENERAL ACTIVITIES

Each month we have a Holy Communion service. Church of England is on the 2nd Wednesday of each month in Balmoral lounge 2pm Catholic is on the 1st Friday of each month in Montgomery Activity Room 11am



The special film club is held every other week and we have recently enjoyed The life story of Beatrix Potter and Enid Blyton. Each Friday morning there is usually a classical DVD playing in the lounge (Ballet / Opera) as the residents are continually on the move to and from the hairdresser. Musicals films are also shown as they certainly lift the mood, Old style ones are popular.

With Kate joining us there will be a sing along to brighten Monday mornings. In the afternoon it will be Books and reminiscence. We will continue to have our inter unit get togethers for Bingo, Dominoes, Sip & Knit, Crosswords and Cheese & Wine. A weekly sheet is on the notice board. With Autumn arriving we will have more entertainers. Birthdays are celebrated with a lovely cake. It will soon be time book for our visit to Alton House for a Christmas lunch. Plans are being made for Halloween and a Firework display.





## DATES FOR THE DIARY

Friday 7th October 11am	Catholic Holy Communion	Montgomery Activity Rm
Sunday 9th October 11am	Memory Walk for Alzheimer's Society	Painshill Park, Cobham
Tuesday 11th October 2-3pm	Paul Nicholas Entertains	Montgomery Lounge
Wednesday 12th October 2.15pm	Harvest Festival Service C of E	Balmoral Lounge
Thursday 13th October 1.30pm	Sip and Knit	Windsor Lounge
Tuesday 18th October 2pm	Inter Unit Bingo	Montgomery Activity Rm
Thursday 20th October 2-3pm	David Entertains	Montgomery Lounge
Thursday 27th October 2 - 3.30pm	The Big Knit Tea Party	Balmoral Lounge
Sunday 30th October	End of British Summer Time	
Monday 31st October 2 -3pm	Halloween Talk by Kate	Balmoral Lounge
Tuesday 1st November 2-3pm	Halloween Party	Montgomery Lounge
Friday 4th November 11am	Catholic Holy Communion	Montgomery Activity Rm
Friday 4th November 4.45pm	Fireworks	Balmoral Terrace
Wednesday 9th November 2.15pm	Holy Communion C of E	Balmoral Lounge
Thursday 10th November 2-3pm	Armistice Talk by Kate	Balmoral Lounge
Sunday 13th November	Remembrance Sunday	Services On T.V
Thursday 17th November 2-3pm	Crossword Club	Balmoral Lounge
Tuesday 22nd November 2-3pm	Inter Unit Dominoes	Montgomery Activity Rm
Sunday 27th November 2-5pm	Pax Hill Christmas Bazaar	Marque In Court Yard
Wednesday 30th November 2-3pm	St Andrews Day Entertains	Maranda Montgomery Lounge

Tuesday 6th December 2-3pm	Treloars Students Christmas Sing along	Balmoral Lounge
Thursday 8th December Depart at 11am	Christmas Lunch At Alton House Hotel	Alton House Hotel
Tuesday 13th December 2-3pm	Christmas Memories Talk by Kate	Balmoral Lounge
Thursday 15th December 2-3pm	Marion and her Tappers	Montgomery Activity Rm
Saturday 17th December 2pm	Montgomery Christmas Party	Montgomery Lounge
Sunday 18th December 2pm	Windsor/Balmoral Christmas Party	Balmoral Lounge
Tuesday 20th December Depart At 1pm	Visit to Squires Garden Centre	Badshot Lea
Thursday 29th December 2-3pm	That Was The Year That Was	Balmoral Lounge

There are still lots of dates to be confirmed, please see notice boards on each floor