



PAX HILL
Care home for the elderly

Montgomery Quarterly Newsletter

Autumn 2015

We made an occasion of the Summer events. Firstly, Ascot, for which we decorated hats and wore them for our cream tea. Secondly, Wimbledon, we just had to have strawberries and cream and Pimms.



Montgomery Nursing Station

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Bentley, Farnham, Surrey GU10 5NG

SPEAKER

Many Residents enjoyed the talk from Paul on Air Traffic control. We learnt many interesting facts and figures. During Paul's time at Heathrow he would be juggling up to 6 aircrafts at a time to keep them 3 miles apart horizontally and 3000 feet vertically. He told us about funny things that had happened using appropriate accents as he heard them over his earphones. One Resident who is an ex pilot was riveted by it all and usually non-verbal he had a flood of things he wanted to express. Paul sat with him after the talk and somehow they conversed. There was certainly a connection between two like minded people. We thank Paul for his extra time and compassion.



MARION AND HER TAPPERS

We had great fun entertainment, laughter and a sing-a-long when Marion and her tappers (from U3A) tapped and sang their way through several old time music hall songs. They looked brilliant and the tapping was fabulous.





CHAWTON HOUSE LIBRARY

It was a lovely treat to visit Chawton House Library. Sarah gave us the history, details and a browse around the library proved very interesting. Coffee and cake was served in the old kitchen.



FETE

The sun shone brightly this year which helped to make a very successful day. Our Pax Hill Nepalese dancers performed several dances and looked stunning in their National Costume. The Alton Mayor attended also, President of Barpak Foundation Mr Min. We also enjoyed Swing dancing and Keith sang 1950's/60's songs and made a great compare. Once again, the food went down well and the stalls were kept busy. Lots of raffle prizes were donated and a big thank you to all who donated beautiful gifts and the staff who worked so hard to make the afternoon successful. Special thank you who all attended and gave the chance for many residents to join in. It wouldn't be the same without you.



LOCAL BUSINESSES DONATED

Highland Crown Ltd, Alton
Bird World, Farnham
Grayshott Pottery, Grayshott
Elphicks, Farnham
Alton House Hotel, Alton
Forest Lodge, Farnham
Benefit Cosmetics, Farnham
Jenkyn Place Vineyard, Farnham.

Many thanks the families friends and staff who donated lovely gifts

The 'Guess the Weight of the Cake' was won by a midwife, who gently put the cake in her arms and gently guessed the exact weight. We will have to ban midwives next year!



SUMMER PICNIC

As usual we had delicious food for our picnic on the terrace. A great change for Residents to mix and mingle with a change of scene. Keith entertained us with his wide range of music and song. There was lots of fun and laughter. All of the staff had to work extra hard. Many thanks to them all.



STAFF BARBEQUE

The staff from Montgomery would like to thank Dr Zaki for her kindness in giving us a Barbeque. It was much appreciated. Sadly, the chosen day brought continual rain! Time to relax and eat great food cooked by Gurkha Square Restaurant.

THEMED CORRIDORS

The themed corridors will be completed at a steady pace. They are designed to help Residents orientate themselves and also plenty of interesting things for Residents to look at and enjoy as they move around the building. Please be patient for the final results! We don't intend to rush it as Residents are involved during creative crafts. It is an ongoing project.

We are collecting items for each theme. If you feel you have anything that would be useful, for example, old photos of seaside visits or old postcards please let us know. The themes are:

Theatre and Film

Seaside

Gardens

Armed Service

Boy Scouts



We are looking forward to more Summer activities. Please see noticeboard for forthcoming events. We invite all residents to join in with all activities. We encourage all residents to have a go in whatever way possible.

Ann Gilley
Activities Therapist
Montgomery





BUS TRIPS OUT

There is no charge for the trips to various local places however in some cases there will be an entrance fee. e.g. Bird World (£9.95) other visits may include afternoon tea at a garden centre. The usual practice is for Wendy to hold a small amount of “pocket money” usually around £20. This saves a good deal of time and worry when these events are arranged. Coming up for Christmas is a visit to a garden centre to enjoy the Christmas decorations and afternoon tea. Christmas lunch at The Alton Hotel. Details will be on the notice boards or via email. We do not have enough staff to push all the wheelchairs and will need family help on such occasions. Many families do join us and we all make a great treat for residents, Your help is greatly appreciated. Thank you to those involved.



DATES FOR THE DIARY

Thursday 3rd September 2pm	Inter Unit Dominoes	Montgomery Activities Room
Friday 4th September 11am	Holy Communion Catholic	Montgomery Activities Room
Wednesday 9th September 3pm	Royal Tea Party	Montgomery Lounge
Wednesday 9th September 2.15pm	Holy Communion and Service CofE	Balmoral Lounge
Thursday 10th September 1.30pm	Sip and Knit	Windsor Lounge
Wednesday 16th September 2pm	Sax Swing Entertainment with Chris	Montgomery Lounge
Thursday 17th September 2pm	Inter Unit Bingo	Montgomery Activities Room
Wednesday 23rd September 1.30pm	Pets At Home	Balmoral Lounge
Thursday 24th September 10am	McMillan Big Coffee Morning	EMF
Thursday 24th September 1.30pm	Sip and Knit	Windsor Lounge
Thursday 1st October 1.30pm	Inter Unit Dominoes	Montgomery Activities Room
Friday 2nd October 11am	Holy Communion Catholic	Montgomery Activities Room

Wednesday 14th October 2pm	Entertainment With Singer Paul	Montgomery Lounge
Thursday 15th October 2pm	Inter Unit Bingo	Montgomery Activities Room
Tuesday 20th October 1.30pm	Toys of Yesteryear	Montgomery Activities Room
Wednesday 21st October 2.15pm	Holy Communion and Service CofE	Balmoral Lounge
Wednesday 28th October 1.30pm	Big Knit Tea Party	EMF
Thursday 29th October	Pumpkin Carving	All Units
Friday 30th October 2pm	Halloween Party	Montgomery Lounge
Thursday 5th November When it gets dark	Fireworks	On Balmoral Terrace
Friday 6th November 11am	Holy Communion Catholic	Montgomery Activities Room
Sunday 8th November	Remembrance Sunday	
Wednesday 11th November AM	Armistice Day Service at the Cenotaph on TV	All Units
Wednesday 11th November 2.15pm	Holy Communion and Service CofE	Balmoral Lounge
Wednesday 12th November 2pm	Talk on the Roots Of Remembrance Day by Kate	Balmoral Lounge
Wednesday 18th November 2pm	Entertainer to be arrange	Montgomery Lounge
Sunday 22nd November 2-5pm	Pax Hill Vintage Christmas Bazaar	Heated Marque
Wednesday 25th November Pick Up 1pm	Bagshot Lea Garden Centre Christmas Decoration	
Friday 4th December 11am	Holy Communion Catholic	Montgomery Activities Room
Wednesday 9th December Pick Up 11.15am	Alton House Christmas Lunch	
Saturday 19th December 2pm	Montgomery Christmas Party	Montgomery Lounge
Sunday 20th December 2pm	Windsor and Balmoral Christmas Party	Balmoral Lounge

More Christmas Activities and Entertainment to be Announced. Please see notice boards on each unit.