

Living with dementia

a **FREE** talk by Dementia
Campaigner Terry Eccott

Wednesday, 6 March - 2.30pm

Pax Hill Care Home | Refreshments available

Book a place by calling 01420 525882

Terry was diagnosed with vascular dementia 6 years ago and has campaigned from day one for dementia awareness and for people to understand the condition more, Terry was an Alzheimer's Society Ambassador for five years and has spoken in Parliament, National and International conferences.

- Dementia & how to cope (Turning a negative Into a positive)
- Effects on those around you (How everyone with dementia is different)
- Side effects and beyond diagnosis
- How to live well with dementia
- Q&A's This talk is aimed at families and those who care for others – both Professionals and Volunteers.



**FREE
TALK**

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PAX HILL
Care home for the elderly