



PAX HILL

Care home for the elderly

Windsor Suites Quarterly Newsletter

Spring 2017

Welcome to the 2017 Spring Newsletter.

The Snowdrops are in full bloom and the daffodils add welcome colour outside and in. The clocks went forward on Sunday 26th March. This brings lighter evenings and hopefully warmer weather. After the very busy festive season, there has been a slight slowing and relaxing pace at Pax Hill. Although, March activities picked up with Time for a Cuppa in aid of Dementia UK, visits from Pony Pals and Bird World. We also had a delightful afternoon on the Saturday before Mothering Sunday with families coming for a cuppa and light entertainment. We have had a variety of activities and entertainment for the start of the New Year.

As the weather gets warmer there are planned trips out to the local garden centres. Gardening club started in March and anyone with green fingers, or interested in getting involved please let Lucy know. We will be sowing seeds for the plant stall at the Pax Hill summer fete.



Windsor Suites Nursing Station

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THE STORY TELLER

Something different! We had a professional story teller, Jim Munro, come to tell fantastic short stories. It was slow to start but soon warmed up the cold and wet afternoon. I could imagine Jim sitting in a big carved wooden chair by a roaring fire with a pint of ale on the table. The stories were delightfully animated and well remembered.



THE BAGPIPER IN THE COURTYARD

You may or may not have heard the pipers playing in the courtyard at Pax Hill on the 25th January for Burns Night.

Burns Night is celebrated annually on or around the 25th January. It commemorates the life of the bard (poet) Robert Burns, who was born on the 25th January 1759. His best known work is "Auld Lang Syne" which is sung at New Year's Eve celebrations in Scotland and around the United Kingdom.



VALENTINES LUNCH AT PAX HILL

We had our annual Partners' Valentines lunch in the Montgomery activities room on 14th February. This year it was busy with a three course menu and romantic music to set the mood. Thank you to the kitchen staff for all their help to make it such a special time.

**HAPPY
BIRTHDAY**

TO
Joan Allen-Rowlandson,
Joan Pike, David Roberts
and Margaret Tagg





TIME FOR A CUPPA

Time for a Cuppa is now an annual event held in March at Pax Hill to raise money for Dementia UK. It was very well attended.

Donations were made for tea and cakes and a raffle took place. A total of £276.73 was raised which is fantastic. A really big thank to everyone for their generosity.



A VISIT FROM MR KIPLING, THE DONKEY

Caroline from Pony Pals came back to visit . Caroline brought back her three year old miniature donkey called Mr Kipling. Mr Kipling went to all floors to meet residents in the lounge and in their rooms. He quite liked the lift, with a bit of persuasion!

Mr Kipling had a cross shaped mark on his back. Many donkeys have this mark across their backs, the Legend of the Donkey's Cross when Jesus rode into Jerusalem on the back of a small donkey. The little animal loved him so much that when he was sentenced to be crucified, it wanted to help him bear the burden of the cross. The donkey was driven away but returned to pay its respects when everyone else had gone. As it turned away, sadly, the shadow of the cross fell over its shoulders. The mark has remained there ever since as a permanent tribute to the donkey's love and loyalty.

It was lovely to see you enjoying his visit. Mr Kipling was on his best behaviour and loved his ears being stroked.



BIRD WORLD VISITED PAX HILL

Bird World outreach visited Pax Hill. This is always very well attended event. Residents were able to listen to Rosie the keepers explaining about each bird or animal being shown around the room. We will be arranging a visit to Bird World in early September. There will be more details nearer the time.



WINDSOR ACTIVITIES NEWS....

Scrabble Club and Gardening Club started this spring.

Anyone with green fingers or an interest in gardening please let Lucy know.

We have had quizzes with various themes and general knowledge which are always well attended. The more the merrier.

Paul Nicholas, David, Claire and Nev all entertained with different styles of singing. Please see notice board for special events and Lucy will always come round on the day to remind you. Arts and Crafts, Light Exercise on a Wednesday morning and Film Club, Talking Newspaper and the PAT Dog are all regular activities. Please see weekly time sheet. Now there is a table in the lounge feel free to use it. There will be a jigsaw puzzle out for anyone to do and books to look at anytime. We finished the beautiful jigsaw puzzle of birds and animals. I took a picture of it before having to break it up. The photos below are just a few of the activities and events from the past three months. The 'Avon Calling' afternoon went well. The Avon lady will be picking up orders on a Friday from reception and leaving up to date catalogues.





DATES FOR THE DIARY

Sunday 2nd April 3.45 - 4.15	Rock Choir Visits	Balmoral Terrace
Tuesday 4th April 2pm	Memories of Trek Peru	Montgomery Lounge
Thursday 6th April 1.30pm	Sip and Knit	Windsor Lounge
Friday 7th April 11am	Holy Communion Catholic	Montgomery Activities Rm
Saturday 8th April	Grand National	Place Your Bets
Tuesday 11th April 2-3pm	Sing Along with David and his Piano	Montgomery Lounge
Wednesday 12th April 2.15pm	Holy Communion C of E	Balmoral Lounge
Thursday 13th April 2pm	Easter Talk plus Chocolate Tasting	Balmoral Lounge
Wednesday 19th April 2-3pm	Inter Unit Dominoes	Montgomery Activities Rm
Wednesday 26th April 2-3pm	Poetry Please	Balmoral Lounge
Thursday 27th April 2-3pm	Inter Unit Bingo	Montgomery Activities Rm
Wednesday 3rd May 2-3pm	Cheese and Wine	Balmoral Lounge
Friday 5th May 11am	Holy Communion Catholic	Montgomery Activities Rm
Wednesday 10th May 2.15pm	Holy Communion C of E	Balmoral Lounge
Thursday 11th May 2-3pm	Claire and Nev Entertains	Montgomery Lounge
Tuesday 16th May 2-3pm	Baden Powell's Life History Talk by Kate	Balmoral Lounge
Wednesday 17th May 2-3pm	Inter Unit Dominoes	
Wednesday 24th May 2-3pm	Kitchenallia	Balmoral Dining Rm
Thursday 25th May 2-3pm	Inter Unit Bingo	Montgomery Activities Rm
Tuesday 30th May Pick Up 1pm	Visit to Gilbert Whites Garden, Selbourne	Depart 3.30pm
Wednesday 31st May 2-3pm	MemoriesCycle India	Montgomery Lounge
Friday 2nd June 11am	Holy Communion Catholic	Montgomery Activities Rm

Tuesday 8th June	D Day Anniversary	
Wednesday 7th June 2-3pm	Everything but the Squeak with piggy nibbles	Balmoral Lounge
Wednesday 14th June 2.15pm	Holy communion C of E	Balmoral Lounge
Thursday 15th June	Royal Ascot Ladies Day	
Sunday 18th June	Fathers Day	
Monday 19th June 2-3pm	David and his Piano	Montgomery Lounge
Wednesday 28th June	Inter Unit Dominoes	Montgomery Activities Rm
Forthcoming Events		
Summer Picnic Lunch Time All Units	Paul Nicholas Entertains	Balmoral Terrace
Pax Hill Summer Fete Sunday 9th July 2-5pm		

There are still lots of dates to be confirmed, please see notice boards on each floor