



PAX HILL

Care home for the elderly

# Montgomery Quarterly Newsletter

## Spring 2015

**Hello and welcome to Montgomery newsletter. A mention about Christmas before we move on to further events.**

The Christmas season was a happy time with lots of family and friends visiting our residents. Entertainment from the Bentley Belles Choir, students from Treloar's school and the Bentley school choir. The Bentley Belles Choir singing a variety of Christmas songs and carols and residents were happy to join in. The students from Treloar always entertain us with a fabulous array of music and songs and happily talked to residents as they enjoyed tea and cake. Everyone



Montgomery Nursing Station

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Bentley, Farnham, Surrey GU10 5NG

joined in the after-noon of seasonal songs. The children from Bentley School gave us their usual high standard of singing and instrument playing and we had a dazzling display of Christmas sweaters and hats even "Sir" was supporting a turkey on his head! Praise has to go is a small lad who balanced on one leg whilst playing the guitar throughout the session. Watching the residents smiles as they watched and listened to the children was a joy to see. Many thanks to everyone who helps with these occasions it takes a lot of effort for everyone to attend and organisation.



## CHRISTMAS PARTY

It was great to welcome family and friends who joined in with the party spirit. Great food as usual and plenty to drink in the good company of Keith who entertained us with his fabulous voice and allowing the brave to sing into the microphone!



## CHRISTMAS DAY

Thank you to the carers housekeepers and nurses who worked so hard to create a great Christ-mas atmosphere as the residents opened their presents handed to them by Santa Claus.

Much fun and laughter was produced by Khushee in his role as Santa Claus.

It all seems a long way off now. Please enjoy the photographs.





## TEA DANCE

The afternoon gave residents a chance to enjoy traditional tea dance music with some joining in for a little dance. I have to admit that the main attraction was that delicious cupcakes that the kitchen made for us.



## PATRON SAINTS DAYS

St Davids day. St Patrick's day. St Georges day. St Andrew's day.

Each of these days are celebrated as we enjoy a themed day of each country.

We celebrated Robbie Burns with a Scottish quiz entertainment and shortbread. Haggis was de-ined. Our Scottish residence each wore a heather and tartan ribbon buttonhole. It is a chance to honour their nationality and make them feel special for the day.



## BIRDWORLD VISITS PAX HILL

Lots of happy smiles when the outreach department from Birdworld brought us various creatures to admire and touch. The photos say it all.



## KNIT AND NATTER

What to knit?

Something small and easy to do was the request. It appears even squares for blankets we're too big to hold interest so I had the idea to make chains as in paper chains. Just 30 stitches and six rows are easily manageable for our knitters and I have to say the results is looking fabulous, We will use these chains to decorate the activity room.

## VALENTINE'S DAY

We made our usual heart tree with each resident and member of staff having a named heart on the tree. A special lunch for our couples was arranged with a special menu produced by our chefs. Entertainment of romantic songs made a magical afternoon for all.

## THIS IS ME

Please do fill in "This is me." They can be collected from the duty nurse.

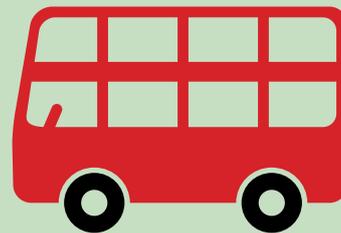
The information given is vital for one to one sessions. I can only stimulate conversation if I have some basic facts. Thank you.

## SHROVE TUESDAY

Pancake tossing throughout the morning produced much laughter and memories of bygone days. No one eats the pancakes that we were tossing although not many ended on the floor! We used a cold tiny light weight pan which was easy for residents to manage. For Supper the residence had the choice of pancakes.

## BUS TRIPS OUT

Once the weather has warmed up we will resume our trips out. These are not charged for however each residents will require money to pay for afternoon tea etc. The usual practice is for Wendy to hold money for residents which can be used on these occasions. Please give money to the duty nurse who will pass it to Wendy for safe keeping. Receipts for these outings are kept and can be passed on as required. As most residents will require a wheelchair when we go out we therefore requires someone to push them so if you or you know of a family member who would be willing to help on these outings please let us know. We have found that afternoon tea is a perfect outing as the journey is not too far and everyone enjoys looking at the plants gifts and flowers. Tea and cake with family and friends it's a real treat for many.



## AND FINALLY

Never under estimate the power of a touch, a smile, a listening ear. The smallest act of caring has the potential of turning an unhappy day into a happy day



Pax Hill newsletters can now be seen on the Pax Hill website. Thank you for reading this and I hope to see lots of you at our forthcoming events.

Ann Gilley  
Activity therapist Montgomery unit

## DATES FOR YOUR DIARY

Thursday 5th March 2pm	Inter Unit Dominoes	Montgomery Activities Rm
Friday 6th March 11am	Catholic Holy Communion	Montgomery Activities Rm
Wednesday 11th March 2pm	C of E Holy Communion	Balmoral Lounge
Friday 13th March	Mothers Day Flowers	All Units
Tuesday 17th March 2pm	St Patrick's Day Entertainment Andy Martin	Balmoral Lounge
Thursday 19th March 2pm	Inter Unit Bingo	Montgomery Activities Rm
Thursday 26th March 1.30pm	Mystery Tour Bus Trip	
Thursday 2nd April 2pm	All about Easter Talk by Kate	Balmoral Lounge
Wednesday 8th April 2pm	Pony visit	
Thursday 9th April 2pm	Inter Unit Dominoes	Montgomery Activities Rm
Thursday 16th April 1.30pm	Visit to Forest Lodge Garden Centre	
Thursday 23rd April 2pm	St George's Day Entertainment The Duke	Montgomery Activities Rm
Tuesday 28th April 1.30pm	Sip and Knit	Windsor Lounge
Thursday 30th April 2pm	Inter Unit Bingo	Montgomery Activities Rm
Friday 1st May 11am	Catholic Holy Communion	Montgomery Activities Rm
Thursday 7th May 1.30pm	Visit to Country Market Garden Centre and Shop	
Tuesday 12th May 1.30pm	Sip and Knit	Montgomery Lounge
Wednesday 13th May 2.15pm	C of E Holy Communion	Balmoral Lounge
Thursday 14th May 2pm	Inter Unit Dominoes	Montgomery Activities Rm
Tuesday 19th May 2pm	Costumes from Chawton House	Balmoral
Wednesday 20th May 1.30pm	Sing Along	Balmoral Lounge

Thursday 28th May 2pm	Inter Unit Bingo	Montgomery Activities Rm
Saturday July 4th	Pax Hill Vintage Fete. Don't miss this treat.	
Saturday July 25th	The Old Pax Hill House is the venue for 110 Scouts who will be having a "Send Off" on their way to the world Jamboree in Japan.	

PLEASE CHECK NOTICE BOARDS ON ALL UNITS FOR EVENTS