



PAX HILL

Care home for the elderly

# EMF Quarterly Newsletter

## Spring 2016

Hello everyone,

I would like to welcome Carol to EMF. Carol will be the Activity Therapist in EMF on Wednesdays and Thursdays, as I have reduced my days. I am remaining as Activity Therapist in EMF Monday, Tuesday and Fridays.

We are looking forward to seeing you at the Mother's Day tea Party on Saturday 25th March 2-4pm.

Kind regards,

Jill & Carol

At the end of January, we made bunting and celebrated Chinese New Year – the year of the Rooster.



EMF Nursing Station

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## BURNS NIGHT

In January, we celebrated Burns Night with poetry, a Scottish quiz, making heather button holes. The highlight of the day was a visit by Larry who played his bagpipes for us. Larry looked splendid in his full Highland dress, which was very moving and made the occasion memorable.



## VALENTINES DAY

February started off with preparations for Valentine's Day. We made lots of heart shaped decorations and decorated a tree with them.



On Valentine's Day itself, David came to entertain us with his piano, and we were dancing and singing along! We are very lucky that David will be with us every other Tuesday afternoon for more singing and dancing.



## MR KIPLING THE DONKEY

In March we welcomed Caroline and Mr Kipling the donkey from Pony Pals to Pax Hill. Mr Kipling was a big hit with our residents, and went home beautifully presented having been groomed and fussed over!



## EXERCISE

Morning exercises are proving very popular, they are well attended and good fun as well as benefitting our residents.



## BIRDWORLD

Rosie and Michael from Birdworld visited us and bought some of their animals with them.



## MOTHER'S DAY TEA PARTY

A lovely time was had by all. Thank you to all that attended. The residents enjoyed a wonderful afternoon.





## DATES FOR YOUR DIARY

- ▶ David and his piano 15th and 28th March, 11th and 25th April. David will be here to entertain us alternate Tuesday afternoons for the foreseeable future.
- ▶ Our local C of E Vicar holds a Service and Communion once a month in EMF, for those who want to participate.
- ▶ There is a Catholic service held once a month in Balmoral should anyone wish to attend.
- ▶ Sunday April 2nd Balmoral Courtyard, the Rock Choir will perform for us for half an hour from 3.45pm. All welcome.
- ▶ Saturday 8th April Grand National.
- ▶ Sunday 23rd April William Shakespeare's Birthday and St Georges Day.