



PAX HILL

Care home for the elderly

Montgomery Quarterly Newsletter

Winter 2018

We had a busy and successful 3 months. Many thanks to those of you who participated in our varied activities.

The themed corridor is still work in progress, with the garden and sports wall taking shape. Do take a stroll down them particularly with the person you have come to visit. There is a lot to see and a good chance to engage in conversation.

The dining room is now bright and cheery with a sunflower theme. The days menu is on the wall although the orders are taken the day before. The puréed food looks very attractive served from moulds in particular vegetable shapes.

The Activity room has had a few changes to give a cosier feel with different seating areas. Please do take advantage of the room as there is plenty to see and do in there. If you wish for a private room do use the Namaste room with gentle music and perfumed air. There is also, with a bit of imagination, a pop up cafe outside

the lounge for a cuppa and chat. It is nice for our residents to have a change of environment for a short time.

We would be very happy to receive a "Treasure Box" of memories for each resident. The most successful contents have been, old knitting patterns, dress making patterns, scraps of material, photos of beloved pets, a list of places one lived in. This information can be used alongside "The this is me" details. A great find was a model of a residents first car and the number plate was recalled, it was checked out and it was correct. A magic moment indeed. When you visit please do fill in the folder in the room, often your visit can be forgotten and it will be a useful prompt. All this is vital for conversation on a one to one. The treasure box will be kept in individual bedrooms.

Montgomery Nursing Station

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Bentley, Farnham, Surrey GU10 5NG

There are some major changes taking place, these can read about at the end of this newsletter. Please enjoy and share it with family members scattered throughout the world. The dates for the diary may change for various reasons so keep an eye on the notice boards or if there is something you would like to attend do email us for further information.

Wishing you a happy and successful 2018. We will continue to aim for excellence and create a caring loving and happy environment in Pax Hill.

Our very best wishes

Ann & Carol - Activity Therapist
Montgomery unit
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DAWALI CELEBRATIONS

Montgomery cares and housekeepers celebrated DIWALI giving us an amazing afternoon of traditional song and dance which was very much enjoyed by residents from all floors.



HALLOWEEN

We had our usual Halloween fun and enjoyed the singing of Paul Nicholas.



ROCK CHOIR

We were delighted to have the Rock Choir visit us again who gave a wonderful selection of Christmas songs. In appreciation of their visit a donation was made for The Phylis Tuckwell Hospice.



BIG KNIT TEA PARTY

We spent many weeks knitting tiny hats for the Innocence fruit drinks. Each hat made raised 25p for Age UK. A tea party was held in Balmoral, a raffle was held and £138 was raised for AGE UK. Thank you to those who knitted or attended the tea party.





WINTER CRAFTS

JACK FROST CHRISTMAS TREE MONTGOMERY UNIT PAX HILL 2017

During a poetry session Georgina was trying to remember a poem from past times. We googled it and the poem became our inspiration for a special tree.

Andy the gardener gathered sticks and a large log in which Ray from maintenance drilled a centre hole. Residents got busy with the white paint then dived into the useful box and gathered a collection of wools and threads. Activity Ann bound the supports together and wove the various yarns around the white construction. On a visit to the garden centre lights were purchased and June found a bunch of silk snowdrops which she fell in love with. Residents families joined in and donated various pieces including the embroidered white snow flakes. Pat said we could have some crochet doilies she has made as they looked like snow flakes. A Winter wonderland was beginning to take shape around the tree. Carer Lynn wrote out the poem for our silver frame. Out came the white paint again and if it didn't move it was painted! Dorothy was chief glitter sprinkler. Residents from Windsor unit made the star for the top which was painted silver along with Jack Frost who started life as an artists model. He was perfect for climbing the tree.

Residents and carers got especially busy making white Pom Pom's for snowballs. The Jack Frost tree went on display at the local church for the Christmas tree Festival for the community to admire. Now it's stands in reception at Pax Hill to welcome visitors over the Christmas period

The tiny heart on the deers neck says " MADE WITH LOVE "



CHRISTMAS BAZAAR

Another successful event with many families and friends attending. Lots of interesting stalls to purchase Christmas gifts. The food served was delicious. Mulled wine and hot chocolate kept us warm. Guess the weight of the cake proved a challenge with most guessing under weight. The weight was 1318 grms or. 2lbs 14ozs. The Scout band attended giving a festive feel. Children visited Father Christmas, Many thanks to a well disguised Khushee. A big thank you to those who donated goodies and attended. These events always give extra work to all our staff who make sure our residents can join in. Going that extra mile is appreciated.

We were very happy to receive a donation of a new sewing machine and straight away we put it to good use making fabric chains which we will use yearly. We are now planning lavender bags for the Summer Fete.



STAFF PARTY

New for this year the party was held in the Marquee in the evening. We had delicious food. The votes had been counted and the staff awards were handed out. Many thanks to Dr Zaki for this new occasion.



ALTON HOUSE HOTEL

Once again The Alton House Hotel hosted our Christmas lunch for residents and their families. Crackers and party poppers brought on the Christmas spirit along we enjoyed excellent food. We also arranged a visit to BADSHOT LEA GARDEN CENTRE to see the Christmas decorations, a little shopping and afternoon tea.

CHRISTMAS ENTERTAINMENT

The children from BENTLEY SCHOOL made the long walk from school to Pax Hill and provided a great session of singing and playing musical instruments. The children were delightful mixing with and chatting to residents with great confidence. A small group gave an impromptu song to a lady who arrived as they were finishing. The students from TRELOAR gave us their usual high standard of entertainment perfecting their sign language for The Twelve Days of Christmas.

Drinks and cakes were provided and all entertainers received a goody bag made up by Balmoral residents. Family members from Windsor came along to sing Carols along the corridor stopping at each door. Dorothy and Jane from Montgomery joined in. Mulled wine and mince pies followed.

MARION AND HER TAPPERS

This delightful group of retired ladies merrily tapped their way through several numbers accompanied by the ever patient John. It brought back memories for many residents who in their youth had tap danced. The show ended with a Christmas sing along which was enjoyed by whoever could squeeze into the Activity room.



CHRISTMAS PARTY

Prior to the great Christmas lunch with all the trimmings and a visit from Father Christmas to hand out gifts we held our annual party. The photos say it all. A big THANK YOU to all the staff who worked so hard to give an enjoyable time for our residents. All the Christmas food was fabulous and Father Christmas Khushee dressed the Christmas Day tables and sorted out the tables in the Activity room for visiting families. A happy time was had by all. We have a great team. Well done.



BORE HOLE

You may also have noticed that the gardens to the front of Pax Hill have been dug up and a digger has been disturbing ground around the main building. We are pleased that this work has now finished and the grass will be re-seeded for the spring. The reason for the work was to provide Pax Hill with its own bore hole and therefore water supply.

Background:

In the summer of 2016 South East Water lowered the pressure of their main serving the village of Bentley due to leaks on their mains pipework. There had been occasions when the water pressure was insufficient for the

elevation of the area. Engineers suggested a dedicated borehole would solve issues in future.

The borehole water will be put through a water treatment plant with a full monitoring system and quality assurance checks to meet with current water quality regulations.

Both buildings will retain direct mains cold water supplies to kitchens for drinking water and food preparation purposes, together with supplies to selected toilets thus providing adequate contingency measures in the event of a power failure. (Please note there is also a continuity plan for a generator to be on site within 4 hours of power outage).

Security Cameras

Cameras have been installed in communal areas of the main building at Pax Hill. This will provide enhanced security and best practice evidence. Access to the camera footage is restricted and Pax Hill's data protection policy is adhered to.

EMF Building work

You may be aware that the original building firm undertaking the work to the EMF wing went into administration in October. We have been very fortunate in being able to directly employ the original Project Manager and carry on with the work almost uninterrupted. As with most large building projects, there have been developments that have caused changes to the original plans, but we are still on schedule to complete by spring 2018. We wish to thank everyone for their continued patience, not just with the change to resident's facilities but the parking and access challenges too.

CARE HOME AWARDS

Pax Hill Care staff were selected as regional finalists for the Great British Care Awards. They were nominated by Sue Martin, who is the Clinical Nurse Specialist for Care Home Education St Michael's Hospice, North Hampshire. Sue visits Pax Hill frequently and sees first hand how dedicated many of our staff are and wanted to ensure there was recognition of this.

The Great British Care Awards are a series of regional events throughout England and are a celebration of excellence across the care sector. The purpose of the awards is to pay tribute to those individuals who have demonstrated outstanding excellence within their field of work.



Pax Hill staff at the awards night in Bristol; from left to right: Gail (Windsor), Pete (Chef Manager), Khushee (Head Housekeeper), Ann (Activities Montgomery).

PAX HILL STAFF AWARDS

Thanks to everyone who filled out a nomination form. It is great to be able to highlight the individual achievements of staff.

There were four award categories, the winners and runners up were:

Best Nurse: Mini (Balmoral). Joint runners up: Biji (Montgomery), Tina (Windsor)

Best carer: Lynn (Montgomery), runners up Carmen (Balmoral), Vipin (Balmoral), Irina (Windsor).

Best non-clinical staff: Kate (Activities Balmoral). Runners up: Ann (Activities Montgomery), Kushee (Head housekeeper).

Unsung Hero: Ray (handyman).



Pax Hill staff with their personal awards; from left to right: Biji (Montgomery), Vipin (Balmoral), Tina (Windsor), Khushee (Montgomery), Wendy (Home Manager), Kate (Balmoral), Mini (Balmoral), Ann (Montgomery), Lynn (Montgomery), Ray (everywhere/always), Carmen (Balmoral).



DATES FOR THE DIARY

Friday 5th January 2018 11am	Holy Communion Catholic	Balmoral Lounge
Wednesday 10th January 2pm	Make and Mend Inter Unit	Windsor Lounge
Wednesday 17th January 2pm	Entertainer Dave and his piano	Montgomery Lounge
Friday 19th January 2.30pm	Holy Communion C of E	Balmoral Lounge
Tuesday 23rd January 1.30pm	Alpacas Visit	Montgomery Lounge
Wednesday 24th January 2pm	Inter Unit Bingo	Montgomery Activities Rm
Thursday 25th January	Burns Night	Balmoral Lounge
Wednesday 31st January 2pm	Entertainer Beth sings	Montgomery Lounge
Friday 2nd February 11am	Holy Communion Catholic	Balmoral Lounge
Wednesday 7th February 2pm	Gardening Club Starts	Windsor Lounge
Thursday 8th February 2.15pm	Residents Meeting	All Units
Tuesday 13th February	Tossing the pancake	All Units
Wednesday 14th February 12noon	Valentines Lunch for our couples	Montgomery Activities Rm
Wednesday 14th February 1.45pm	Paul Nicholas Valentines Concert	Montgomery Lounge
Thursday 15th February 11am/2pm	Chinese New Year Quiz and Talk	All Units
Friday 16th February 2.30pm	Holy Communion C of E	Balmoral Lounge
Friday 16th February	Chinese New Year of the Dog	
Wednesday 21st February 6.30pm	Jim Munro The Story Teller	Balmoral Lounge
Thursday 1st March 2pm St David's Day	Welsh Theme Time for a cuppa	Balmoral Lounge
Friday 2nd March 11am	Holy Communion Catholic	Balmoral Lounge

Saturday 10th March 2pm	Mothering Sunday Tea with Harpist	Balmoral Lounge
Sunday 11th March	Mothering Sunday	
Wednesday 14th March 2pm	Patch Work Experience	Balmoral Lounge
Friday 16th March 2.30pm	Holy Communion C of E	Balmoral Lounge
Wednesday 21st March 2pm	Spring Poetry Please	Balmoral Lounge
Sunday 25th March	British Summer Time Begins	
Wednesday 28th March 2pm	Easter Talk and Chocolate Sampling	Balmoral Lounge
Friday 30th March	Good Friday	

Further dates to be added