



PAX HILL
Care home for the elderly

EMF Quarterly Newsletter

Winter 2018

OPENING PRESENTS

Everyone opened their individually wrapped presents on Christmas day excited to see what was inside them.

June got into the festive spirit with some reindeer antlers on her head and Marie Jean and Shirley snuggled up under some blankets.

Overall it was a very enjoyable and smile filled Christmas.



EMF Nursing Station

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CHRISTMAS CRAFTS

Of course, with all the Christmas cheer the festivities continued as the residents completed several art projects to decorate for the holidays.

They made Christmas wreaths to adorn the door of the lounge, enjoyed Christmas colouring pages, and painted bright yellow sparkling stars to ring in the new year.



CHRISTMAS DAY DINNER

For the renowned Christmas dinner, the residents enjoyed turkey, pigs in a blanket, mash and all the trimmings to joint it.

They all pulled their Christmas crackers and sported their paper crowns sitting enjoying the festive décor throughout the dining room.



CHRISTMAS BAZAR

The EMF residents enjoyed time around other Pax Hill residents while admiring all the stalls and decoration at the Christmas Bazar.

The Bazar had a White elephant, Jams, Beaded necklaces, and more goodies to offer! Even Santa Clause was there!

They also got to see the Scouts perform as they paid a visit with their instruments.



MUSIC AND DANCING

The residents enjoyed singing along and tapping their tambourines to songs such as All Shook Up by Elvis Presley and Singin' In the Rain by Doris Day.

They showed off their previously crafted steamer wands made with coloured ribbon to twirl and dance with around the room.



ARTS AND CRAFTS

We made a variety of art over this quarter including drawings, paintings, and watercolour with crayon book marks.

Many painted scenes of nature using all the colours in their palettes.

The residents were amazed at the magic of the crayon showing through the watercolour wash like a secret message. What a fun and useful bookmark!



BINGO AND BALLOONS

The residents enjoyed briskly passing and hitting balloons around the room trying to avoid a drop.

Marie Jean and Pearl attempted to hit their balloons with fly swatters; a new challenge.

Others enjoyed a rewarding game of bingo hoping for a row to get a sweetie.





DATES FOR THE DIARY

Friday 5th January 2018 11am	Holy Communion Catholic	Balmoral Lounge
Wednesday 10th January 2pm	Make and Mend Inter Unit	Windsor Lounge
Wednesday 17th January 2pm	Entertainer Dave and his piano	Montgomery Lounge
Friday 19th January 2.30pm	Holy Communion C of E	Balmoral Lounge
Tuesday 23rd January 1.30pm	Alpacas Visit	Montgomery Lounge
Wednesday 24th January 2pm	Inter Unit Bingo	Montgomery Activities Rm
Thursday 25th January	Burns Night	Balmoral Lounge
Wednesday 31st January 2pm	Entertainer Beth sings	Montgomery Lounge
Friday 2nd February 11am	Holy Communion Catholic	Balmoral Lounge
Wednesday 7th February 2pm	Gardening Club Starts	Windsor Lounge
Thursday 8th February 2.15pm	Residents Meeting	All Units
Tuesday 13th February	Tossing the pancake	All Units
Wednesday 14th February 12noon	Valentines Lunch for our couples	Montgomery Activities Rm
Wednesday 14th February 1.45pm	Paul Nicholas Valentines Concert	Montgomery Lounge
Thursday 15th February 11am/2pm	Chinese New Year Quiz and Talk	All Units
Friday 16th February 2.30pm	Holy Communion C of E	Balmoral Lounge
Friday 16th February	Chinese New Year of the Dog	
Wednesday 21st February 6.30pm	Jim Munro The Story Teller	Balmoral Lounge
Thursday 1st March 2pm St David's Day	Welsh Theme Time for a cuppa	Balmoral Lounge

Friday 2nd March 11am	Holy Communion Catholic	Balmoral Lounge
Saturday 10th March 2pm	Mothering Sunday Tea with Harpist	Balmoral Lounge
Sunday 11th March	Mothering Sunday	
Wednesday 14th March 2pm	Patch Work Experience	Balmoral Lounge
Friday 16th March 2.30pm	Holy Communion C of E	Balmoral Lounge
Wednesday 21st March 2pm	Spring Poetry Please	Balmoral Lounge
Sunday 25th March	British Summer Time Begins	
Wednesday 28th March 2pm	Easter Talk and Chocolate Sampling	Balmoral Lounge
Friday 30th March	Good Friday	

Further dates to be added