



PAX HILL

Care home for the elderly

Balmoral Quarterly Newsletter

Winter 2018



BRIDGE CLUB

Since we started the club at the beginning of the year we have had a lot of fun tackling this challenging game with our unique mixture of determination and merriment. So much so that often other folks drift in to enjoy the atmosphere and a fresh brewed cuppa whilst enjoying their own pursuits!

Balmoral Nursing Station

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Bentley, Farnham, Surrey GU10 5NG



AUTUMN COLOURS

We do like to keep track of the seasons at Pax Hill and accessing our beautiful grounds is part of this. On this occasion, finding materials for our art group had given me chance to toddle around the grounds finding leaves, conkers, twigs etc. Whilst we often use printed materials for inspiration, on this occasion the artists really stepped up to the plate and produced vibrant still lifes with the warm tones and hues of an autmen landscape – well done ladies and gentleman!

LOST A MAYPOLE?

Three times a week a group of folks gather to stretch and bend, stretch and relax this gradual but consistent work on improving flexibility has led to a very marked reduction in falls. Well done folks.





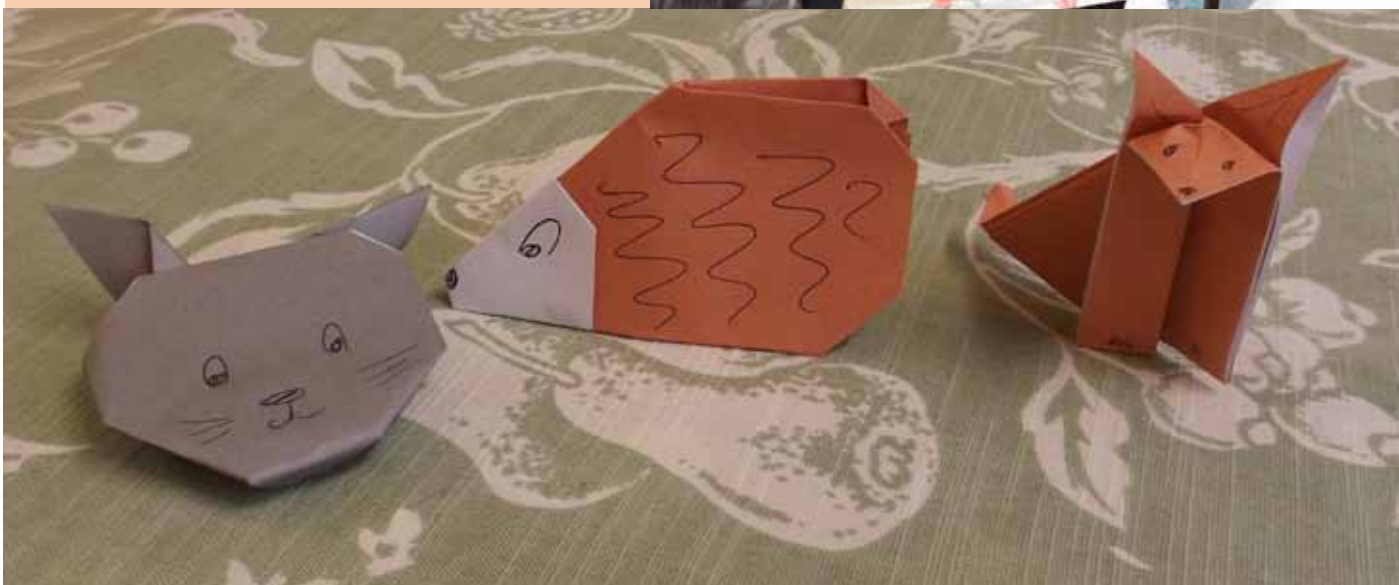
ART CLASS

We tackle a wide range of techniques and subjects in our Art Classes – often using water colours, challenging but easy to clear up! However, for a change, we had a go at Pen and Ink and produced some very impressive pieces.



ORIGAMI

Always a favourite, this autumn we attempted origami with a wood land theme, very cute foxes, hedgehogs and rabbits were created by this nimble fingered group.



DIVALI

A number of our talented staff treated us to a special Divali event:- Beautiful dresses, elegant dancing, singing, drumming and a few special nibbles! So much fun that one of our ladies joined in the dancing – you go girl!





MACMILLAN

Always a popular event, we enjoyed a good turnout for the Macmillan coffee morning with our ladies making Danish Pastry Pin Wheels which proved just enough of a challenge to amuse our skilled bakers!



LIGHT ENTERTAINMENT

After our very popular Cheese and Wine Evening, we changed the pace a little with an equally delightful evening featuring the charming Brendan. A skilled clarinettist and violinist he also kept us amused with his gentle humour and stories of times gone by. With a mix of light classical, Celtic folk tunes and popular tunes from times gone by, a glass of wine in one hand and nibbles nearby, the evening flew past.



CHRISTMAS PROGRAMME

What a busy few weeks we had in the run up to Christmas – to paraphrase the ‘Ensa’ slogan – every night something awesome!

For the campanologists, a really entertaining session on hand bells from the Rowledge ringers, a hugely entertaining afternoon by Marion and her Tappers, the Rock Choir came and sang their hearts out for us and, always favourites, both Treloar and Bentley School Choirs.

We also had a lot of fun making goody bags for all the children who came and sang for us and am sure we had almost as fun filling them as they did emptying. We were also so impressed by the way the Primary School Choir, well fuelled with goodies from the kitchen, spared the time to come and chat with us all, sharing their excitement about the festive season.







DATES FOR THE DIARY

Friday 5th January 2018 11am	Holy Communion Catholic	Balmoral Lounge
Wednesday 10th January 2pm	Make and Mend Inter Unit	Windsor Lounge
Wednesday 17th January 2pm	Entertainer Dave and his piano	Montgomery Lounge
Friday 19th January 2.30pm	Holy Communion C of E	Balmoral Lounge
Tuesday 23rd January 1.30pm	Alpacas Visit	Montgomery Lounge
Wednesday 24th January 2pm	Inter Unit Bingo	Montgomery Activities Rm
Thursday 25th January	Burns Night	Balmoral Lounge
Wednesday 31st January 2pm	Entertainer Beth sings	Montgomery Lounge
Friday 2nd February 11am	Holy Communion Catholic	Balmoral Lounge
Wednesday 7th February 2pm	Gardening Club Starts	Windsor Lounge
Thursday 8th February 2.15pm	Residents Meeting	All Units
Tuesday 13th February	Tossing the pancake	All Units
Wednesday 14th February 12noon	Valentines Lunch for our couples	Montgomery Activities Rm
Wednesday 14th February 1.45pm	Paul Nicholas Valentines Concert	Montgomery Lounge
Thursday 15th February 11am/2pm	Chinese New Year Quiz and Talk	All Units
Friday 16th February 2.30pm	Holy Communion C of E	Balmoral Lounge
Friday 16th February	Chinese New Year of the Dog	
Wednesday 21st February 6.30pm	Jim Munro The Story Teller	Balmoral Lounge
Thursday 1st March 2pm St David's Day	Welsh Theme Time for a cuppa	Balmoral Lounge
Friday 2nd March 11am	Holy Communion Catholic	Balmoral Lounge

Saturday 10th March 2pm	Mothering Sunday Tea with Harpist	Balmoral Lounge
Sunday 11th March	Mothering Sunday	
Wednesday 14th March 2pm	Patch Work Experience	Balmoral Lounge
Friday 16th March 2.30pm	Holy Communion C of E	Balmoral Lounge
Wednesday 21st March 2pm	Spring Poetry Please	Balmoral Lounge
Sunday 25th March	British Summer Time Begins	
Wednesday 28th March 2pm	Easter Talk and Chocolate Sampling	Balmoral Lounge
Friday 30th March	Good Friday	

Further dates to be added