



PAX HILL
Care home for the elderly

Montgomery Quarterly Newsletter

Autumn 2017

Hello and welcome to Montgomery Autumn Newsletter, which we hope you will share on-line with families far and wide. Hard copies will be in resident's rooms for you to go through and discuss with your relative.

We took advantage of the sunshine on many occasions, spending time on the balcony taking advantage of the new outside furniture and going for walks around the garden.

It is lovely to see the family area in the activity room is now being used and enjoyed by those who want some quiet time with their family. For even more private time, the Namaste Room is also available and has been used by a few families.

Soon to come is a 'pop-up' café. This will be a simple table and chairs in the area outside the lounge in a 'rose garden' (artistic licence required!!). The friend/relative can be taken to the 'garden' for tea and chat. Please do use it

as at times the lounge can get busy and noisy so it will become a nice change of environment for all concerned. A member of staff will assist you.

We have given lots of activity staff training to the carers, and how they can be involved in simple 10 minute activities which they and the residents can enjoy together making a more interesting day for everyone.

Autumn is taking over and time to clear the pots on the balcony ready for the bulbs to appear. And – dare we mention it – start to prepare for Christmas. We are having our Christmas Bazaar on Sunday 2nd December at 2pm.

Montgomery Nursing Station

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Bentley, Farnham, Surrey GU10 5NG

We look forward to seeing you when you visit. Just to confirm our hours:

Monday – Carol 10-4

Tuesday – 10-4 Ann & Carol

Wednesday – 10-4 Ann

Thursday – 10-4 Ann

Friday 10-12 Ann; 10-4 Carol

We look forward to your continued support.

Ann & Carol



GENERAL ACTIVITIES

Residents have enjoyed some quizzes and talks on Balmoral Unit, for example Bastille Day, High Society and a Cheese and Wine gathering. We welcomed Robin Radley who gave an inspiring talk about his Indian Charity. Residents are invited to attend all of the talks.

On Montgomery we have fascinating discussions regarding living abroad and holidays over the years during 'Where in the World'. Another exciting session we have introduced is 'Desert Island Discs'. We encourage our residents to talk about music which has memories for them and have had some hilarious responses for the 'What would I take' section!





GARDEN CENTRE VISITS

The spaces for these trips are limited for wheelchairs. If you wish to help on the day and take you relative/friend, please let us know as soon as possible.

We went to Squires Badshot Lea and Country Market. There's always plenty to see at the garden centre and the residents look forward to their tea and cake in the restaurants, which are ideal for wheelchairs.



STAFF PICNIC

We held a Staff Picnic in July which staff attended during their break – and the good old British weather didn't let us down and we got wet!! Nevertheless, it was an enjoyable event! The food was prepared by the activities staff and Kushee manned the BBQ admirably!!



MILL COTTAGE FARM

The weather was perfect for the annual visit of the farm. Lots of animals including a one week old donkey – adorable!!





GARDEN THEME WALL

Ann is busy working on the new Garden Theme wall, along the corridor. It is looking really cheerful and attractive and the residents are enjoying seeing it progress.

MACMILLAN COFFEE MORNING

Was held on Wednesday 27th September. Residents and family members enjoyed the morning on Balmoral. Total amount raised was £235.50. Many thanks to all who supported this event.

WHAT'S NEW

STAFF AWARDS

Keep your eyes peeled for Nominations slips in Reception during November. There will be an evening ceremony on Saturday December 2nd, after the Christmas Bazaar.

IN MEMORY

The Queen of Tea Dances

Clap your hands and tap your feet
Foxtrot, Quickstep, Conga, Rumba (Cha-cha, salsa, conga rumba)
Spreading happiness as you dance
And don't sit out a single number.

Tread lightly on that great dance floor
Be sure not to tread on others' toes
Be there for those who're out of step
And hold them when the music flows.

Sometimes the dance is much too short
Sometimes you wish that it would stop
Just rest your feet and take a break
Till you rejoin that global hop.

Then when it's time for the last waltz
Bid the party a fond goodbye
Smile and promise to meet up again
In that great ballroom in the sky

Bronwen by her daughter



We welcome Andy our new gardener to Pax Hill.

My Mum Doris

My mum had a cackle that would raise the rafters
My mum found lots of things funny and would roar with laughter

My mum was intelligent, she was gentle, she was wise
My mum had a beautiful angelic face with piercing blue eyes

My mum was a teacher of children with special needs
My mum used to bring the children to her home where they would get up to dastardly deeds

My mum was a great cook but one Christmas not so
The turkey was cooked at 8 in the morning, HO HO HO!!

My mum loved her family, her son Graham, her late husband Maurice, her daughter June
There's nothing she wouldn't do for them, she'd go to the ends of the earth and even to the man in the moon

My mum loved her grandchildren, Jack, Joe and Marcus
And now all grown up she would still make a fuss

My mum had an open loving home where lots of the neighbourhood children came and played
Pat and Karen, the twins up the road, came and stayed

My mum, a Durham lass, was cherished by her neighbour Rita, her friends Beryl and Ron to name but a few

We will all miss her laughter, her sparkle and her loveliness but mum's presence lingers on through and through

Love June

MAGIC MOMENTS

A resident who doesn't usually acknowledge will often give a smile and make eye contact.

Laughs and big smiles when the parachute was used during activities

The smile that comes with secret chocolate (for those that can!)

A special smile when an Irish music CD is played in bedroom especially when Ann dances a jig!



DATES FOR THE DIARY

Friday 6th October - 11am	Holly Communion Catholic	Montgomery Activites Rm
Thursday 12th Oct - 2pm	David and his piano	Montgomery Lounge
Tuesday 17th Oct - 2pm onwards	Celebrating Diwali	Montgomery Lounge
Wednesday 25th Oct - 7pm	Evening Entertainment with Bredon	Balmoral Lounge
Friday 27th October	Harvest Festival Service	Balmoral Lounge
Monday 30th Oct - 2pm	Haloween Talk	Balmoral Lounge
Tuesday 31st Oct - AM	Pumpkin Carving	All Units
Tuesday 31st Oct - PM	Paul Nicholas Sings	Montgomery Lounge
Wednesday 1st Nov	Haloween Quiz	All Units
Friday 3rd Nov - 11am	Holy Communion Catholic	Montgomery Activities Rm
Friday 3rd Nov - 4.45pm	Fireworks on the Balmoral Terrace	All Units
Friday 10th Nov - 2pm	Armistice Talk by Kate	Balmoral Lounge
Sunday 12th Nov - 10am	Remembrance Sunday	On T.V All Units
Wednesday 15th Nov - 2.00-3.30pm	Big Knit Afternoon Tea	Balmoral Lounge
Friday 17th Nov - 2.30pm	Holy Communion C of E	Balmoral Lounge
Monday 20th November	Gemini Clothing	Balmoral Lounge
Wednesday 22nd Nov - 2pm	Entertainer to be arranged	Montgomery Lounge
Thursday 30th Nov	All Things Scottish	All Units
Friday 1st Dec - 11am	Holy Communion Catholic	Montgomery Activities Rm
Saturday 2nd Dec - 1.30pm	Pax Hill CHRISTMAS BAZAAR	Marque in court yard
Saturday 2nd Dec Evening	Staff Awards Celebration	Marque in court yard
Thursday 7th Dec 11.15am Pick Up	Alton House Hotel for Christmas Lunch at 12noon	Alton House Hotel

Monday 11th December 6.30pm	Rowledge Bell Ringers and Singers	Balmoral Lounge
Wednesday 13th Dec - 2pm	Christmas Poetry Please	Balmoral Lounge
Thursday 14th Dec - 2pm	Marian and her Tappers	Montgomery Activities Rm
Friday 15th Dec - 2.30pm	Christmas Service and Communion C of E	Balmoral Lounge
Saturday 16th Dec - 2pm onwards	Montgomery Christmas Party	Montgomery Lounge
Sunday 17th Dec - 2pm onwards	Windsor and Balmoral Christmas Party	Balmoral Lounge
Tuesday 19h Dec 1pm Pick Up	To see the Christmas Decoration and Tea	Squires Garden Centre
Wednesday 20th Dec 1.30pm	Christmas Film	All Units
Thursday 21st Dec	Christmas Quiz	All Units
Friday 22nd Dec - 2pm	All Things Christmas Talk by Kate	Balmoral Lounge
Awaiting dates	Bentley School Singers	
Awaiting dates	Treloars Students Festive Singing	
Tuesday 2rd Jan - 2pm	That was the year that was!	Balmoral Lounge