



PAX HILL
Care home for the elderly

EMF Quarterly Newsletter

Autumn 2017

Hello everyone and welcome to the EMF Autumn Newsletter.

I would like to thank you for your continued support. I would also like to thank the carers for their part in running activities for the residents on the days I am not here.

I have been trying some varied activities recently including Sand Art and Flower Arranging. We have had some interesting discussions, chat and quiz sessions including 'Where in The World', 'What am I' and 'Who am I'.

I would like to introduce some more 'interactive' sessions, for example 'Desert Island Discs' and 'Poetry Please'. These sessions will give the residents an opportunity to think about music that brings back memories and any poetry or other written words that bring them pleasure and that they might like to read out loud.

The building work is coming along now and we can see the second floor beginning to grow.



EMF Nursing Station

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GENERAL ACTIVITIES

The residents have enjoyed 'Where in the World'. We have had photo quizzes of several capital cities to guess where they are and in the process have found out interesting facts about those cities. London in particular, holds many secrets and some weird and wonderful by-laws! We have also decided that our children and grandchildren didn't discover gap-years....WE DID!! We made a list of all the countries that had been visited and the total was over 50!! What a well-travelled bunch we are!

SAND ART

This proved to be a popular session! Residents were able to produce lovely pictures using sticky pictures and sand. Despite some initial reluctance, those who took part were very proud of their pictures and how easy it was.





FLORISTRY

Well – our residents have proved to be a talented bunch!! They have created some amazing flower arrangements which were placed around the unit and received many compliments.



POPPIES

We have recently started making poppies with a view to creating a lovely poppy wreath for display



CHRISTMAS CRAFTS

Soon we will be starting to think about making Christmas bits and bobs for the Christmas Bazaar in December.



DATES FOR THE DIARY

Friday 6th October - 11am	Holly Communion Catholic	Montgomery Activites Rm
Thursday 12th Oct - 2pm	David and his piano	Montgomery Lounge
Tuesday 17th Oct - 2pm onwards	Celebrating Diwali	Montgomery Lounge
Wednesday 25th Oct - 7pm	Evening Entertainment with Bredon	Balmoral Lounge
Friday 27th October	Harvest Festival Service	Balmoral Lounge
Friday 27th October - 1.30	Harvest Communion	EMF Lounge
Monday 30th Oct - 2pm	Haloween Talk	Balmoral Lounge
Tuesday 31st Oct - AM	Pumpkin Carving	All Units
Tuesday 31st Oct - PM	Paul Nicholas Sings	Montgomery Lounge
Tuesday 31st Oct - 2pm	David & his Piano	EMF Lounge
Tuesday 31st Oct - 4-5.30	Halloween Buffet Tea	EMF Dining Room
Wednesday 1st Nov	Haloween Quiz	All Units
Friday 3rd Nov - 11am	Holy Communion Catholic	Montgomery Activities Rm
Friday 3rd Nov - 4.45pm	Fireworks on the Balmoral Terrace	All Units
Friday 10th Nov - 2pm	Armistice Talk by Kate	Balmoral Lounge
Sunday 12th Nov - 10am	Rememberance Sunday	On T.V All Units
14 November - 2pm	David & his Piano	EMF Lounge
Wednesday 15th Nov - 2-3.30pm	Big Knit Afternoon Tea	Balmoral Lounge
Friday 17th Nov - 2.30pm	Holy Communion C of E	Balmoral Lounge
Friday 17th Nov	Holy Communion	EMF Lounge
Monday 20th November	Gemini Clothing	Balmoral Lounge
Wednesday 22nd Nov - 2pm	Entertainer to be arranged	Montgomery Lounge

28 November - 2pm	David & his Piano	EMF Lounge
Thursday 30th Nov	All Things Scottish	All Units
Friday 1st Dec - 11am	Holy Communion Catholic	Montgomery Activities Rm
SATURDAY 2nd Dec - 2pm	Pax Hill CHRISTMAS BAZAAR	Marque in court yard
Saturday 2nd Dec Evening	Staff Awards Celebration	Marque in court yard
Thursday 7th Dec 11.15am Pick Up	Alton House Hotel for Christmas Lunch at 12noon	Alton House Hotel
Monday 11th December 6.30pm	Rowledge Bell Ringers and Singers	Balmoral Lounge
Wednesday 13th Dec - 2pm	Christmas Poetry Please	Balmoral Lounge
Thursday 14th Dec - 2pm	Marian and her Tappers	Montgomery Activities Rm
Friday 15th Dec - 2.30pm	Christmas Service and Communion C of E	Balmoral Lounge
Saturday 16th Dec - 2pm onwards	Montgomery Christmas Party	Montgomery Lounge
Sunday 17th Dec - 2pm onwards	Windsor and Balmoral Christmas Party	Balmoral Lounge
Tuesday 19h Dec 1pm Pick Up	To see the Christmas Decoration and Tea	Squires Garden Centre
Wednesday 20th Dec 1.30pm	Christmas Film	All Units
Thursday 21st Dec	Christmas Quiz	All Units
Friday 22nd Dec - 2pm	All Things Christmas Talk by Kate	Balmoral Lounge
Awaiting dates	Bentley School Singers	
Awaiting dates	Treloars Students Festive Singing	
Tuesday 2rd Jan - 2pm	That was the year that was!	Balmoral Lounge